

## BK SpARC wing

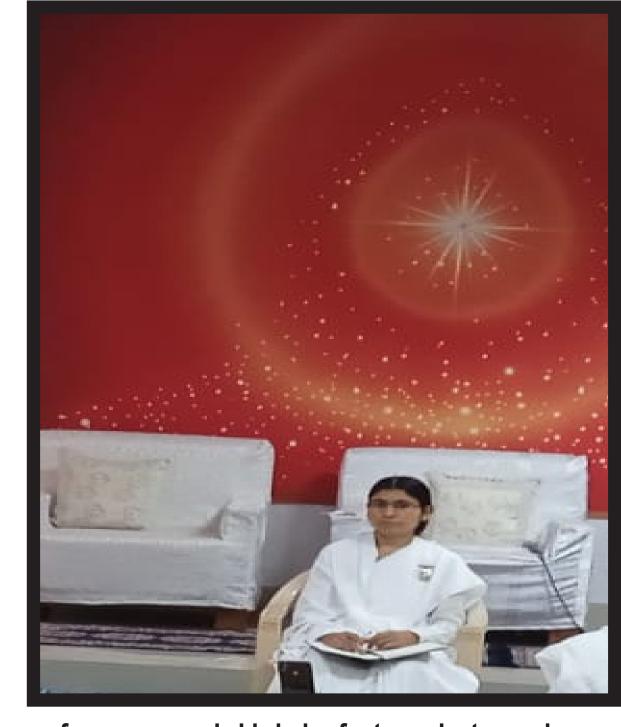
Spiritual Applications and Research Centre

Minutes of the meeting of SpARC Wing-local chapter, Brahmakumari Service Centre, Munshipulia, Lucknow

The meeting of the SpARC chapter was held on 30 June 2024 at Videhi Bhawan centre, under the guidance of the chairperson, B.K. Ambika Didi and centre-in-charge, B.k. Jayshree Didi. The following were present in the meeting:

BK R.K. Maurya bhai , Member BK Rahesh bhai, Member BK Vishvanath bhai, Member **BK Ekdev bhai, Member BK Kunal bhai**, Member BK Beena behen, Member **BK Archana behen, Member** BK Savita behen, Member BK Surbhi behen, Member BK Heera behen , Member BK Zisha behen , Member BK Sunita behen, Member **BK Mithila behen**, **Member BK Shweta behen , Member BK Shashi behen , Member BK Kussum behen , Member BK Nandini behen**, **Member** BK Manju behen, Member BK Puja behen, Member **BK Ragini behen , Member BK Kussum Singh behen , Member BK Kamini behen , Member BK Shivani behen**, **Member BK Vidya behen**, **Member** BK Kshama behen, Member BK Kancha behen, Member

BK Manju Didi , Coordinator BK Bhupendra bhai , Member



Meeting commenced with the remembrance of supreme soul shiv baba for two minutes and many experiences of the soul family were discussed during the meeting and everyone participated with great interest and had deep spiritual experience.

- Write 11 points from Avyakt Murli (1st /3/1999).
- What is the difference between the intoxication of God's Love and the intoxication of the World?
- To Know the Soul means to become silent. How can silence lead to a better Spiritual State?
- What is the Meaning of Shakti and Simple Rajyog.
- What are the benefit of activating the Pineal Gland? Can the Pineal
- Gland be activated through Rajya Yog?
- One hour do the Combined Yog.
- We have to Experience the Golden Age through Rajyoga Practice and We have to make our home a heaven, We all have to Experience our God as Well.
- We have to give Shiv Baba knowledge to the VIP People and add 10 Members to the SpARC.
- What is perfect health? Am I Perfectly Healthy? Check it.

## मै आत्मा संकल्प शक्ति का शजा हूँ। मै आत्मा महान महिमा लायक शिताश हूँ।

The meeting ended with 2 minute silence remembrance of supreme soul shiv baba Next Meeting 28/07/2024