



# OM SHANTI

## Minutes of the meeting of SpARC Wing-local chapter, Brahmakumari Services Centre, Munshipulia, Lucknow

The online and offline meeting of the SpARC chapter was held on 29<sup>th</sup> January 2023 at Videhi Bhawan centre, under the guidance of the chairperson, B.K. Ambika Didi and centre - in - charge, B.K. Jayshree Didi. The following were present in the meeting :

BK Manju Didi , Coordinator  
BK BRS Gupta bhai , Member  
BK RPL Vanarlal bhai , Member  
BK BN Chaudhary bhai , Member  
BK RC Kausik bhai , Member  
BK RK Maurya bhai , Member  
BK Shobhna behen , Member  
BK Surbhi behen , Member  
BK Savita behen , Member  
BK Urmila behen , Member  
BK Kusum Mauryabehen , Member  
BK Kusum Singh behen , Member  
BK Beena behen , Member  
BK Kanchan behen , Member  
BK Asha Saxena behen , Member  
BK Rashmi Khare behen , Member  
BK Shashi behen , Member  
BK Chama behen , Member  
BK Puja Nandan behen , Member  
BK Nandini behen , Member  
BK Manju Hemnani behen , Member  
BK Shweta behen , Member  
BK Archana behen , Member  
BK Durgesh behen , Member  
BK Anubhav bhai , Member  
BK Priyanka behen , Member  
BK Savita Dubey behen , Member  
BK Anju behen , Member  
BK Kshma behen , Member



**Meeting commenced with the remembrance of supreme soul shiv baba for two minutes and many experiences of the soul family were discussed during the meeting and everyone participated with great interest and had deep spiritual experience.**

- ❖ Avyakt murli , make your mind and intellect to give orders and soul conscious concious (1/5/12/) (2012).
- ❖ By experience the external Peace of experiencing Brahmaloaka, the above is to attain the common state . You have to check what percentage of your intellects are salutations.
- ❖ The future status of the Golden Age is to have a clear Experience and to narrate the Experience.
- ❖ You have to Experience and have a vision of an illegal angel like Father Brahma. Write down the Percentage.
- ❖ Through the Practice of Monn (Silence Power) you have to End the storm of the mind and Escape from the storm of the World. Remain Silent for 12 hours daily.
- ❖ Write 10 points on how yog leads to a stress free Life.How death can be Conquered by Yoga.Write 10 points.
- ❖ Do you want to Experience who is called Master Mahakal?
- ❖ People (Praja) have to be invoked in Amrit Vela.
- ❖ To Make the Tan,Man Dhan channel Centre free from obstacles , one day a week has to do bhatti and do yoga at the Centre.
- ❖ To do Yoga in an organised from 1 day in an organised from 1 day 2 week Next Meeting 26/02/2023.

# SWAMAANS

मैं आत्मा प्राण ऊर्जा से भरपूर  
अनन्त प्रकाश वान हूँ ।

मैं आत्मा प्राणेश्वर बाबा का अखण्ड ज्योति हूँ ।  
मैं आत्मा मृत्यु को जीतने वाला अमर देवता हूँ ।

The meeting ended with 2 minute silence remembrance of supreme soul shiv baba and Distribution of toli,The meeting took place both offline and online . Next meeting 29/02/2023