**Topic of the program: Self Empowerment to Nation Empowerment –
 Campign for Security personnels- Launching Prog. )**
**Program Date:** 22nd , June 2022
**Program venue:**  Shantidham, Annanagar, Chennai –Zonal HQ of Brahmakumaris, Tamil Nadu zone

**Organizer of the program :** Brahma Kumaris Tamil nadu, and Security services wing of Rajayoga Education and Research Foundation

**Car rally flag off and good wishes by :**

**Capt. Vineeth Bhadra,** Chief Executive Officer, Tamil Nadu Pondicherry Navy
**Mr. Saurav Kumar ,** Southern Railway Security Force Deputy Commissioner.
**Mr. Nagarajan,** Assistant Commander, Central Industrial Security Force, Southern Region **Commender Shiv Singh,** Indian Navy, Delhi

Rajyogini **B. K. Beena ji** Zonal Service Coordinator (video clip included)
Rajyogini  **B.K. Muthumani,** Senior Raja Yoga teacher, Chennai
Rajyogini **B.K. Devi** Senior Raja Yoga teacher, Chennai

**BK Eswaran,** Zonal co-ordinator, Security Service wing **,** Tamil nadu

**Rally faculties participated in Launching prog
Cdr. BK. Shiv Singh, Delhi
BK. Madhuri Bhen, Vizag
BK. Rupa Bhen, Delhi
BK. Kamala Sis, Delhi**

**Other faculties would be joined in rally**

**Dr. BK. Sachin parab, Mt.Abu
BK. EV. Swaminathan, Mumbai
B.K. Vinitha, Mumbai
Bk. Deepak, Mt.Abu
Dr. Dinesh Sharma, Delhi
Bk. Vinita Mumbai**

**Number of people participated: around 100 nos**

**Center In Charge's name**: BK Beena

**Contact Number:** 9444380437

**Centre E-Mail Id:** annanagar.che@bkivv.org

For upload details: B.K.Selvanathan (9444242718)

News Report:

On behalf of the Department of Security Services wing of the Brahma Kumaris, the Army, Paramilitary, and Police are being served through various discussions, training and course methods to address stress issues. They are currently scheduled to hold a 20-day special car rally in Tamil Nadu. This car rally is held with the aim of helping the security forces soldiers to always be calm and happy without suffering from various stress problems and to complete their mission effectively and refreshed. They will be trained on various self-improvement topics during the car rally touring Tamil Nadu and Pondicherry and South Kerala across Tamil Nadu.

. The car rally started on (June 22, 2022

Capt. Vineeth Bhadra, Chief Executive Officer, Tamil Nadu Pondicherry Navy,
Rajayogini B.K. Beena,
Saurav Kumar , Southern Railway Security Force Deputy Commissioner.
Nagarajan, Assistant Commander, Central Industrial Security Force, Southern Region, waved the flag and started the car rally. Earlier everyone started the ceremony by lighting the candle. At the ceremony Sister Beena, Brahma Kumaris Tamil Nadu Regional Service Officer, speaking, She said that when the security forces become self-sufficient, it will energize this country. Elder Sister Muthumani gave Raja Yoga Meditation training on the power of the mind to remember the Lord who can give encouragement, joy and happiness.

Earlier, Eswaran, co-ordinator of the Tamil Nadu Brahma Kumaris Security Service wing, explained about the car rally. Central South Zone Occupational Security Force Assistant Commander Nagarajan while speaking said that meditation training helps the security forces working amidst various pressures to attain peace.

Delhi Naval Commander Shiv Singh Brahmakumar explained the functions of the Security Service Wing. Hosted by. Sister Jayalakshmi thanked many people including the soldiers of the Central Occupational Security Force.