

Programme Schedule :

Day 01: Friday, 15th September 2023

- 10.00am Onwards** **Arrival at Mount Abu**
Registration and Visit of the Gyan Sarovar Campus
- 05.00pm-05.30pm** **Welcome Home - Video Show**
- 05.30pm-08.30pm** **Reception and Inaugural Session**
Theme: "Integration of Science & Spirituality - The Source of Infinite Possibilities"

Day 02: Saturday, 16th September 2023

- 06.30am-08.00am** **Meditation Session 01**
- 09.30am-11.00am** **Session 01**
Theme: Spiritual Reality - Missing Dimension in Research & Development
- 11.30am-12.30pm** **Session 02**
Theme: Spiritual and Emotional Wellbeing for Excellence
- 12.30pm-01.00pm** **Brahma Baba - the New Age Scientist**
- 04.30pm-06.00pm** **Panel Discussion**
Theme: Nature - Is it Ferocious or Futuristic?
- 06.30pm-07.00pm** **Creating Spaces of Silence**
(Experiencing Inner Self)
- 07.00pm-08.30pm** **Paper Presentation**

Day 03: Sunday, 17th September 2023

- 06.30am-08.00am** **Meditation Session 02**
- 09.30am-11.00am** **Session 03**
Theme: Applied Spirituality - Shift from Fixed Mindset to Open Mindset
- 11.30am-01.00pm** **Session 04**
Theme: Exploring the Unexplored Dimensions of Life

- 04.30pm-06.00pm** **Session: 05**
Theme: Developing Resilience to Face Challenges
- 06.30pm-07.00pm** **Creating Spaces of Silence**
(Experiencing Union with the Supreme)
- 07.00pm-08.30pm** **Panel Discussion**
Theme: Impact of Rajyoga on Mood Swings and Mental Health of Children
- 09.00pm-10.00pm** **Cultural Event**

Day 04: Monday, 18th September 2023

- 06.30am-08.00am** **Meditation Session 03**
- 09.30am-12.30pm** **Valedictory Session**
Theme: Spiritual Transformation & Scientific Underpinnings for Building a Thriveable Future for Humanity
- 12.30pm Onwards** **Sight-Seeing of Mount Abu**
- 09.00pm-10.00pm** **Experience Sharing**

Day 05: Tuesday, 19th September 2023

- 06.30am-08.00am** **Meditation Session 04**

Note: Programme Schedule is tentative, subject to change. Mode of communication in the conference will be in English and partly in Hindi

Conference Co-ordination Office:

Spiritual Applications Research Centre (SpARC Wing),
Brahma Kumaris, Academy for Better World, Post Box. 66, GyanSarovar,
Mount Abu – 307501, Rajasthan, India.

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National SIR Conference and Meditation Retreat on

Integration of **SCIENCE & SPIRITUALITY** *The Source of* **INFINITE POSSIBILITIES**



15-19 September 2023

Venue: Brahma Kumaris, Gyan Sarovar
Mount Abu – 307501, Rajasthan, India



Organisers:

Spiritual Applications Research Centre (SpARC Wing) of
Rajyoga Education & Research Foundation (RE&RF) &
Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya

Hearty Invitation to Researchers Conference and Meditation Retreat on



"INTEGRATION OF SCIENCE & SPIRITUALITY - THE SOURCE OF INFINITE POSSIBILITIES"

ABOUT THE CONFERENCE

It is rightly said that 'Science without Spirituality is Blind and Spirituality without Science is Lame'. The term 'Human Being' is the fusion of two phenomenon - 'the humus' and 'the being'. 'Humus', the Latin word for Soil or Earth, is the subject matter of Science and 'being', the English word for 'the fact of existing', is the subject matter of Spirituality. Both are extremely diverse and yet have irrefutable complementary roles for each other.

J B S Haldane, who opined that – man is a part machine, a part individual – talked about the uniqueness of human being. Unfortunately, the entire humanity, became more and more conscious of 'humus' or the 'machine' i.e. the material part of our existence and started completely identifying with it. It has led us into the abyss of present day bane in the form of consumerism and materialistic view of life – obliterating the potential that we have within us, in our 'Being' or the 'Individual' part of existence. The UNESCO charter in the form of 'Learning to Be' seems to have been replaced by the undeclared universal charter of 'Learning to Have'.

It is high-time that we integrate the two – the humus with the being. Let there be awareness and realization of both the 'material' and the 'being' part. It is heartening to note that recent advancements made in the field of Science have underlined the role of the 'being' part – playing a major role in the 'Wellbeing' of humanity. We need to assert the 'being' part to make it happen.

The topics for the conference under the umbrella theme are selected to explore the possibility of bringing Science & Spirituality closer to work together; complimenting, integrating along the way to find infinite possibilities through better understanding.

The sub-themes that are outlined in this brochure will encourage powerful dialogues, discussions and collective understanding of the theme - Integration of Science & Spirituality as a Source of Infinite Possibilities.

Paper presentations relevant to the theme, Science Exhibition, visit to the SpARC-Rajyoga Research Lab and opportunity for conscious networking are the added features of the conference.



Prajapita Brahma
Corporeal Medium of
God Shiva



Jagadamba Saraswati
Goddess of Knowledge



**Rajyogini
Dadi Ratan Mohini Ji**
Administrative Head

17th SIR Conference - 2023

Since 2007, SpARC has been conducting SIR Conference annually bringing together Scientists, Researchers from premier establishments, Professors from accredited Universities, Heads of reputed Government and Private organizations, Research Scholars from various disciplines from all over India - to explore & evolve strategies for partnership between Spirituality and Research. The results have been remarkable. The conference also aims at providing a platform for the distinguished inter-disciplinary researchers, scientists, professors, research scholars and practitioners to present their perspectives about various connotations and applications of research and spirituality in generating happiness and harmony at the individual and societal level. The emphasis will be to ensure that the end results of research are beneficial to all sections of society including environment.

MEDITATION

Meditation is the journey inwards, a journey of self-discovery. It is the time taken for a quiet reflection and silence, away from the hustle-bustle of daily routine, that enables us to come back to a centered place of 'Being'. It not only helps us enhance our focus, concentration and de-clutter our minds but also empowers us to harness, manage and lead our inner resources for accomplishing our life purpose and objectives.

HOSTS

Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is a recognized International socio-spiritual and educational organization working for all sections of society to promote spiritual growth and individual transformation. Headquartered at Mt Abu (Rajasthan), it has more than 5000 study centres in India and over 140 countries in all the continents. It is affiliated to the United Nation's Dept. of Public Information as an NGO having General Consultative Status with the Economic & Social Council (ECOSOC) and UNICEF. Lakhs of its regular students are availing benefits of meditation and discourses daily and leading a transformed life.

The Conference is organized by Spiritual Applications Research Centre (SpARC Wing) of Rajyoga Education & Research Foundation (RE&RF) along with parent organization – Brahma Kumaris. SpARC Wing was established in 1995 as a research wing carrying out holistic research to develop effective tools and techniques to facilitate application of spirituality in everyday life.

VENUE

Academy for a Better World at GyanSarovar, Mount Abu is the venue of the Conference and Meditation Retreat. The Academy is a blend of state-of-the-art modern facilities and spiritual environment. Spread over 35 acres, it is surrounded by mountains and beautifully landscaped by lakes, lawns, greenery and flowers. The serenity of the place provides an ideal setting for unwinding and exploring the gifts of spiritual awareness and meditation. The campus offers excellent lodging and dining facility as well as communication, transport and healthcare services.

GUIDELINES FOR REGISTRATION

While there is no registration fee, prior registration is mandatory in order to ensure smooth functioning of the Conference. The Online Registration Form, indicating all details is anticipated at the Coordinating office on or before 31st July, 2023. On receipt of correctly filled-in Online Form, a confirmation letter will be sent to you, which must be produced at the time of registration at the venue. It is a must for participation.

Link for Online Registration: <https://www.bksparc.in>

Guidelines for Paper Presentation:

The papers related to the theme of the conference, spirituality and researchers will alone be selected for presentation during the conference. Interested authors are requested to submit the abstract of their paper. The submitted abstracts will be scrutinized by a committee and confirmation will be conveyed to the selected papers. Authors can prepare full paper as they need to submit the same for improvements. Multiple rounds of iterations may be required to bring papers in a better shape.

Note: Due to the shortage of time, only a few selected papers will be allowed for live presentation. Other papers will be allowed to be presented in the form of posters near the conference venue.

Important Timelines:

Submission of Abstracts	: 01 st July, 2023
Confirmation on selection of Paper	: 15 th July, 2023
Submission of Full Paper	: 31 st July, 2023
Completed Paper	: 10 th August, 2023