

▶ INTRODUCTION-SECURITY SERVICES WING (SSW)

The "Personnel in Uniform" are the backbone of the nation with the responsibility of safeguarding the nation from the external and internal threats. Their efforts are reflected by their actions of Gallantry, Courage and Patriotism.



SSW was set up in 2001 as a part of Rajyoga Education and Research Foundation (RERF) to organise Dialogues & Short Courses on Inspirational Leadership/ Self-Empowerment Programs for Senior Officers and JCOs/Inspectors of Military, Para Military & Police Forces. These programs strengthen the services personnel internally enhancing their efficiency and their capacity to cope with stress due to their hazardous life & demanding challenges at work.

▶ DIALOGUE FOR SENIOR OFFICERS & JCOs/INSPECTORS

SSW has planned a National Dialogue on Inspirational Leadership through Self-Empowerment for Officers and JCOs/Inspectors of Military, Para Military & State Police Forces at Gyan Sarovar, Mt Abu (Raj) from 23 to 27 June 2023. Two parallel programs will be organised for the two Groups.

The program aims to enlighten the participants on the Concept of Self and to enhance the values & perceptions which impact on the quality, intensity & direction of their thoughts. The innate qualities would be boosted through lectures, discussions & meditation to overcome challenges in personal & professional life.

▶ ELIGIBILITY

Following Officers can take benefits of the Seminar -

- Senior Officers of Armed Forces, CPOs & State Police Forces
- JCOs of Armed Forces & Inspectors of Police forces.



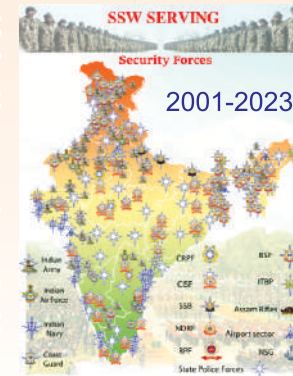
SSW Service Report of Armed Forces being presented to Hon'ble President of India Smt Droupadi Murmu at BK HQ Mt Abu on 4 Jan 23



Prime Minister of India launching Project of "Azadi Ke Amrit Mahotsav se Swarnim Bharat Ki Ore" at BK HQ, Abu on 20 Jan 22

▶ ACHIEVEMENTS/ HIGHLIGHTS

SSW has done Yeomen service since 2001 to reduce Stress and enhance the Inner Strength of the Security Forces by conducting programs at Field Formations all over the country. All the major CAPFs viz CRPF, BSF, CISF, ITBP, SSB, AR, NSG, NDRF, RPF have been benefitted. Inspired by the Yeoman services done by SSW, MHA forwarded a letter in June 15 to all CAPFs for utilising the services of SSW to conduct Stress Mgt Progs. Based on directions of Naval HQ, Army HQ and Coast Guard HQ, SSW conducted Stress Mgt Programs at various formations of the respective forces.



Online Programs -

With the onset of Corona Virus in March 2020, SSW shifted to Online programmes for the Security Forces covering Indian Army, Indian Navy, Indian Air Force, NDRF, CISF, RPF, BSF, CRPF & State Police (Kerala, UKD, MP, Raj, Delhi, Assam, Gujarat, Jharkhand etc).



Launching of Car Campaign, Delhi, 7 Nov 21



Phase III Car Campaign inauguration, Chennai, 22 June 22.

SSW Recent Projects - SSW has launched a series of Car Rallies on "Self Empowerment to Nation Empowerment" for the Security Forces Personnel as part of "Azadi ka Amrit Mahotsav" celebrations by GOI. Under this project, three car rallies were organized in Nov 21, May 22 & June 22, conducting more than 230 programs benefitting more than 42000 security personnel. Two major projects were also taken for NDRF & NSG between Oct 22 to Jan 23 covering all Bns/Hubs.

▶ HIGHLIGHTS - RAJYOGA MEDITATION

Meditation enables an inward journey. Rajyoga Meditation gives a clear spiritual understanding of oneself, helps rediscover & use the positive qualities latent within, and develops one's strength of character, creating new attitudes & responses to life.

▶ REGISTRATION

Registration link for Officers of Security Forces:

tiny.cc/officersregistration

Registration link for JCOs/ Inspectors:

tiny.cc/jcosregistration

GLIMPSES OF SOME SSW ACTIVITIES



Sh Trinath Mishra, IPS, DG CRPF in first official SSW Pgmte at BKs HQ, Mt Abu on 24 Apr 2002



Lt Gen SK Singh, GOC-in-C, SW Command & officers during a talk by Sister BK Shivani at HQ SWC on 22 June 11



Hon'ble MoS (Home) Shri Kiren Rijiju, Dadi Ratan Mohini Ji & others inaugurating Prog at Gyan Sarovar, Mt Abu on 18 Apr 15



DG Coast Guards & DG CISF with BK Shivani & Shukla Didi at ORC Campus, Distt Gurgaon on 11 Dec 16



Sh RR Bhatnagar, IPS, DG CRPF & others inaugurating SSW Program at Gyan Sarovar, Mt Abu on 28 April 18



Gen Bipin Rawat, COAS addressing as Chief Guest in Pgmte at BKs HQ, Abu on 30th Dec 18



Sh Ajay Bhatt, MoS (Defence) receiving Godly Gift during SSW Program at ORC Gurgaon on 3 April 22



V Adm SN Ghormade, VCNS seen with Participants at BK HQ Abu Road on 23 Sep 22 during SSW Conference

SSW Motto - Victory is our Godly Birthright



VENUE OF PROGRAM
GYAN SAROVAR

PROGRAM SCHEDULE

23 June 2023 (Friday)

- 1600 - 1630 hrs - Registration
- 1630 - 1730 hrs - Session - Managing Challenges
- 1800 - 1945 hrs - Inaugural Session

24 June 2023 (Saturday)

- 0700 - 0815 hrs - Session - Self Empowerment
- 0930 - 1045 hrs - Inspirational Leadership
- 1115 - 1230 hrs - Make Mind Your Best Friend
- 1230 - 1300 hrs - Experiencing Inner Peace
- 1630 - 1745 hrs - Recharging Mind for Healthy Life
- 1800 - 1930 hrs - Concept of Supreme
- 2045 - 2145 hrs - Problems & their Spiritual Solution

25 June 2023 (Sunday)

- 0700 - 0815 hrs - Session -Meditation Technique
- 0930 - 1045 hrs - Concentration Power, Key to Success
- 1115 - 1230 hrs - Harmony in Relationships
- 1230 - 1300 hrs - Guided Meditation
- 1630 - 1745 hrs - Sleep Mgt & Mental Empowerment
- 1800 - 1930 hrs - Q & A with Senior Rajyogis
- 2045 - 2145 hrs - Elevated Actions & Karma Philosophy

26 June 2023 (Monday)

- 0700 - 0815 hrs - Powers through Rajyoga
- 0930 - 1045 hrs - Panel (Practical Application of Spirituality)
- 1115 - 1230 hrs - The Cycle of Time
- 1330 - 1800 hrs - Visit to Pandav Bhawan, Peace Park etc
- 2030 - 2130 hrs - Cultural Program

27 June 2023 (Tuesday)

- 0700 - 0815 hrs - Source of Spiritual Knowledge (Gyan Murti)
- 0930 - 1015 hrs - Action Plan
- 1045 - 1230 hrs - Experience Sharing, Certificate Distribution & Valedictory session

GLIMPSES OF SSW PROGRAMS AT SOME MILITARY, CENTRAL & STATE POLICE FORCES



SSW faculties seen with Army officers, JCOs & Jawans after Program at Delhi on 4th April 22



Sister BK Shivani speaking on Ever happiness to Naval officers & jawans at Naval base, Porbandar on 5 Jan 23



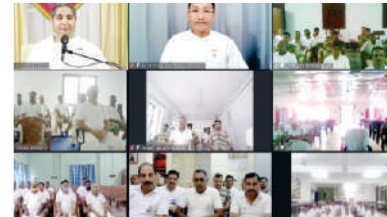
Dr Swaminathan taking a motivation talk for IAF personnel at Air Force Stn, Tambaram, Chennai on 21 Dec 22



Sister BK Shivani delivering a talk during program for Coast Guards HQ personnel at Delhi on 19 May 22



DIG GS Chauhan inaugurating 2 days workshop for NDRF Personnel at 14 Bn NDRF, Nurgpur on 25 Nov 22



BK Santosh Didi taking Meditation session for CISF Personnel (Eastern Sector) during online program on 20 Oct 21



SSW Faculty BK Asmita delivering a talk on Stress Mgt to NSG personnel at NSG Hub Kolkata on 17 Dec 22



SSW Faculty Dr Swaminathan delivering a talk to CRPF personnel at RTC Peringome (Kerala) on 29 Dec 22

SSW CHAIRPERSON - Sqn Ldr Ashok Gaba (Retd)

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Email - securitywing@bkivv.org

SSW SR VICE CHAIRPERSON - BK Shukla

Harinagar, New Delhi, Mob Nos - 9650692131/9711688704

SSW NATIONAL COORDINATOR - Col BC Sati (Retd)

Shantivan, Abu Road, Mob Nos - 9958816163/9868991728

Watch Awakening & Peace of Mind TV Channel for informative & Enlightening Programs

National Dialogue on Inspirational Leadership through Self Empowerment (For Security Forces' Personnel)

23 to 27 June 2023

Venue:
Academy for a Better World,
Gyan Sarovar, Mt Abu (Raj)

Organizers:

Security Services Wing, RERF

Gyan Sarovar, Mount Abu

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