

# Conference for Scientists, Engineers & Architects

## VENUE OF THE PROGRAMME

**Academy for a Better World  
Gyan Sarovar, Mount Abu (Rajasthan)**

NEW VISION FOR  
*new Era..*

16-20 May 2024

towards a  
Productive Lifestyle ...

## *Cordial Invitation*

We all aspire for a new Era – Era that reflects peace and harmony in our daily lives – be it Personal, Social or Professional. A better Era reflects in making our life rich inside and outside. There are four layers to our being. And they are: Thinking, Feeling, Doing, and Being. All our thinking and feeling reflects in our doing and subsequently the same contribute to our Being.

Very often one finds that the game of race to power and hunger for success is so very ruthlessly played that people compromise themselves to something shoddy without any Vision for better future. While leading normal lives, striving for excellence in our careers, families, and communities, we must not lose sight of our inner goals because our inner lives, after all, are not separate from our outer lives and here one's vision plays a vital role.

What needs to be understood today is that a better future is not achieved by the measure of ones' wealth, fame, power or glory but by the harmonious synthesis and growth of all faculties of an individual – physical, mental, emotional, intellectual and spiritual. With an improved level of self-understanding and perfect awareness about Role, Responsibility, Relationships and silent Reflection, one can exhibit excellence in contributing to achieve personal, social and organisational goal, for which this Conference is focused.

We cordially invite you to attend this conference which will be held in a beautiful, spiritually charged campus - Academy for a Better World, Gyan Sarovar, Mount Abu, Rajasthan, India. The Organising institution, Brahma Kumaris will provide boarding and lodging during the conference.

**Registration:** Online registration of the conference through Brahma Kumaris Website  
<https://accomabu.bkapp.org> (Registration through Brahma Kumaris Centres only)

## ORGANISED AND HOSTED BY

Scientists, Engineers & Architects (SEA) Wing, RERF and  
Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya



# PROGRAMME SCHEDULE

Thursday, 16<sup>th</sup> May 2024

09.00 AM - 05.00 PM : Registration & Visit to the Art Gallery  
05.30 PM - 06.00 PM : Video Film  
06.00 PM - 08.00 PM : Reception & Introductory Session

**Theme: Values & Vision**

Friday, 17<sup>th</sup> May 2024

06.30 AM -08.00 AM : Meditation Session- I

**Topic: Me and Mine**

09.30 AM - 10.30 AM : Insight Session

**Theme: Attitude for Gratitude**

10.30 AM -01.00 PM : Inaugural Session

**Theme: New Vision for New Era**

04.00 PM - 05.30 PM : Interdisciplinary Panel Discussion

**Theme: My Mission in Building a Better Vision**

\* 06.00 PM - 07.15 PM : Lecture Session

**Theme: Live and Let Live**

07.30 PM - 08.00 PM : Virtue Walk in Silence

08.45 PM onwards : Cultural Programme

Saturday, 18<sup>th</sup> May 2024

\* 06.30 AM -08.00 AM : Meditation Session- II

**Topic: Supreme Consciousness & His Attributes**

09.30 AM - 10.30 AM : Lecture Session

**Theme: Sustainable Lifestyle for New Era**

10.30 AM -11.45 PM : Exercise Session

**Theme: Art of Focus**

\* 11.45 AM -01.00 PM : Experience Session

**Theme: Journey to Stillness**

04.00 PM - 05.15 PM : Lecture Session

**Theme: Password for Happiness**

05.15 PM - 06.30 PM : Lecture Session

**Theme: Unleashing Inner Creativity**

06.45 PM - 07.45 PM : Insight Session

**Theme: Role of Pitashree Brahma in heralding New Era**

08.45 PM - 09.45 PM : Talk Show

**Theme: Overcoming with Life's Uncertainty**

Sunday, 19<sup>th</sup> May 2024

06.30 AM -08.00 AM : Meditation Session- III

**Topic: Techniques of Rajyoga Meditation**

09.30 AM - 10.45 AM : Value Games

11.00 AM - 12.30 PM : Valedictory Session

**Theme: Action Plan for Building a New Era**

01.00 PM onwards : Sight-seeing in Mount Abu

09.00 PM - 10.00 PM : Question-Answer and Feedback

Monday, 20<sup>th</sup> May 2024

06.30 AM -08.00 AM : Meditation Session- IV

**Topic: Mystery of Time-Cycle**


And Departure for a New Beginning



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