

PROGRAMME SCHEDULE*

1st August, 2024

09:00 am - 04:00 pm Arrival and Registration
5:30 pm - 8:30 pm Reception and Inaugural Session

2nd August, 2024

07:00 am - 08:30 am Rajyoga Meditation Session
09:30 am - 11:00 am Interactive Session
11:00 am - 11:30 am About Institution, About B&W Wing & Experience Sharing
11:30 am - 01:00 pm Interactive Session
4:30 pm - 6:00 pm Interactive Session
6:00 pm - 7:00 pm Spiritual Session
7:00 pm - 7:30 pm Collective Meditation
9:00 pm - 10:00 pm Spiritual session by Senior Rajyoga Teachers

3rd August, 2024

07:00 am - 08:30 am Rajyoga Meditation Session
09:30 am - 11:00 am Interactive Session
11:00 am - 11:30 am Experience Sharing
11:30 am - 01:00 pm Interactive Session
4:30 pm - 6:00 pm Interactive Session
6:00 pm - 7:00 pm Spiritual Session
7:00 pm - 7:30 pm Collective Meditation
9:00 pm - 10:00 pm Spiritual session by Senior Rajyoga Teachers

4th August, 2024

07:00 am - 08:30 am Rajyoga Meditation Session
09:30 am - 11:00 am Question & Answer Session
12:30 pm - 06:00 pm Mt. Abu Sight Seeing

5th August, 2024

07:00 am - 08:30 am Rajyoga Meditation Session
09:30 am - 11:00 am Spiritual Session cum Valedictory Session

*Specific Programme Schedule shall be given at the time of Registration

Departure for a New Beginning

VENUE



The Gyan Sarovar Complex (Academy for a Better World) is a multipurpose complex and an international facility located on a beautiful 35 acre valley site.

This eco friendly campus is surrounded by a naturally lush green and spiritual environment. It is an ethereal spot tucked away amidst the Aravali Hills, bringing a flavour of serenity with fresh mountain air and scenic beauty.



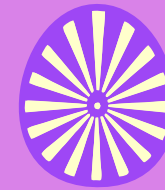
Address for Correspondence

Business & Industry Wing
National Co-ordinating Office
Brahma Kumaris Rajyoga Centre
Om Shanti, 48 Swastik Society,
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International Head Quarter

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Spiritual Empowerment for Success in Business and Industry



1st TO 5th
AUGUST 2024



Organiser:
Business & Industry Wing
Rajyoga Education & Research Foundation

About the Conference

In these challenging times, in the field of business and industry there are innumerable demands and unreachable targets. The level of stress and pressure is increasing day by day. Self created fears give rise to unhealthy thoughts and feelings. People try to find a way out of these conditions through different methods to relax. However, an ability to respond to situations without destroying our state of mind requires total change of consciousness. If the state of mind is calm and stable then in the face of any condition or circumstance, there is no difficulty or stress. Such a state of mind is achievable through giving positive direction to our thoughts and recognizing what we are innately. This process brings about self empowerment.

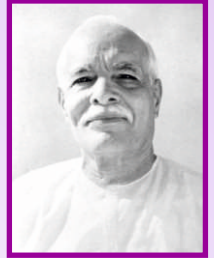
It results in bringing effective decisions, clear vision and a greater attitude to succeed with ease. Amidst the chaos of the business world one can withdraw to spend some moments of silence to experience inner peace. Thus we are in charge of our inner world and the world around us making us prepared for the future. Such a holistically healthy person is able make a positive impact on others and help create a healthy and a clean society.

About Brahma Kumaris



Supreme Father
Supreme Soul
God Father Shiva

Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya is an international, voluntary, spiritual organization head-quartered in Mt. Abu, Rajasthan. Established in 1937, the institution now has more than 4500 centres with its presence in more than 110 countries. Working at all levels of society to bring a positive change, it recognizes the intrinsic goodness of every human being and helps people rediscover their innate nature of peace and purity.



Founding Father
Prajapita Brahma

The institution carries out a wide range of self-development program for the growth of human and spiritual values. It also teaches Rajyoga meditation and spirituality to help develop inner resources and strengths to face any situation. The institution encourages co-operation and promotes dialogue for world peace locally and in global forums.



Dadi Ratan Mohini Ji
Chief of Brahma Kumaris

Brahma Kumaris is affiliated to the United Nations (UN) as an NGO in general consultative status with the UN's Economic and Social Council (ECOSOC) and UNICEF.

Business & Industry Wing



Bro. BK Madan Lal Sharma ji
Chairman
Business & Industry Wing

The Business & Industry wing renders voluntary services to business and industry through various self-development programs. It aims to practice and promote ethical values in the world of business. Throughout the country, various conferences, dialogues, workshops and other initiatives are conducted by this wing. These organized activities introduce the concept of adding values in the workplace. Creative methods and interactive techniques are used to assist individuals in recognizing how to change business into an art with integrity and commitment. These programs are interactive and informative. They include group discussions, case studies, reflective and engaging exercises to make the learning process more effective. They have been conducted in more than 1000 companies all over India.



Sis. BK Yogini
Vice Chairperson,
B&I Wing.



Sis. BK Gita
Madhuban Coordinator,
B&I Wing.