

ROGRAM BOOK

New Vision for New Era

Thursday, 16th May to Monday, 20th May 2024



Academy for a Better World,
Gyan Sarovar, Mount Abu, Rajasthan



Organisers:

Scientists, Engineers & Architects (SEA) Wing of RERF & Prajapita Brahma Kumari Ishwariya Vishwa Vidyalaya World Headquarters: Mount Abu (Raj) - 307501 www.brahmakumaris.com, www.bksew.com





(where every breath is Pure and every step is Peace)

Dear Participants,

Please accept the greetings of love and peace...

The Brahma Kumaris family extends a warm welcome to all the participants to the conference on "New Vision for New Era". Here is the campus at the backdrop of Aravalis, where relaxation comes easily. People come here to learn new things about themselves, to enjoy silence and solitude, and to find peace of mind. It's also a place to meet others who are interested in integrating a spiritual dimension into their lives. Quite naturally, away from your hectic routine, you will find some time to experience true joy of life through various events during your stay in the lap of nature, fresh air, and spiritual atmosphere.

We hope, the program will enrich you to excel in your professional life as well as social life. You are requested to participate actively in various activities, have interactions with facilitators and explore the power of silence (meditation). Basically Raja Yoga is at the core of what we teach. It is an ancient spiritual discipline that can be used for relaxing, refreshing, and recharging the mind and heart, leading to a deeper experience of peace and bliss. It provides us with the spiritual knowledge and practice needed to strengthen ourselves from the inside out.

Please feel free in giving your valuable feedback by filling up the relevant form.

We wish, you have time full of Peace & Bliss.

The Programme is for you ...
Here are few tips to ensure its success ...

S hare your experience
M ake God your Companion
I nteract with Speakers
L isten actively
E nsure timeliness

and SMILE ...

Please Note: All the delegates will be divided into four streams (Str. I, II, III & IV) for deliberations in the concurrent sessions. At the time of registration, delegates are given their badges on which their stream number is indicated. The delegates are requested to attend the conference in their concerned streams only, as far as possible.

Note: Please visit Disaster Management Exhibition.
Venue: Gallery of Harmony Hall.



Place : Harmony Hall

Registration and Visit to Gyan Sarovar: 10 AM to 5 PM VIDEO FILM AT 5.00 PM

Thursday, 16th May 2024

Time : 5.30 pm



RECEPTION SESSION



Topic: Values and Vision

BLESSINGS : Rajyogini BK Sudesh didi

Director, Gyan Sarovar, Mount Abu

WORD OF WISDOM : Rajyogini BK Munni didi

Joint Chief of Brahma Kumaris, Shantivan

CHAIRPERSON : Rajyogi BK Karuna bhai

Chief of Multimedia, Brahma Kumaris, Shantivan

CHIEF GUEST : Mr Amit Dixit

Executive Director, Indraprastha Gas Ltd., New Delhi

GUEST OF HONOUR : Mr Niranjan Dev Panda

Former Director General, Ministry of Irrigation,

Govt. of Nepal, Kathmandu

GREETINGS : Prof. Arvind Kumar Shukla

Vice Chancellor, Gwalior University

ABOUT THE VANUE &

ORGANISERS: BK Mohan Singhal

Chairperson, SEA Wing, Abu

SPEECH BY : Rajyogini BK Anjali behn

Sr Rajyoga Teacher, Hyderabad

MEDITATION BY : Rajyogini BK Asha behn

Vice Chairperson, SEA Wing, Bhilai

VOTE OF THANKS : BK Suresh Gupta

Executive member, SEA Wing, New Delhi

FACILITATOR : BK Asmita behn

Sr Rajyoga Teacher, Balotra, Rajasthan

The Session will be followed by Godly Gift to all Delegates.



Place : Harmony Hall

Time: 6.30 am

Time: 9.30 am

COLLECTIVE MEDITATION AT 4.00 AM

Friday, 17th May 2024

MEDITATION SESSION - I

Topic: Me and Mine

Rajyogini BK Sheilu Behn, Sr Rajyoga Teacher, Pandav Bhawan; Facilitator: Dimple behn, Rajyoga Teacher, Vadodara

Friday, 17th May 2024

INSIGHT SESSION



Theme: Attitude for Gratitude

CHAIRPERSON : Prof. S. Anbu Kumar

Executive Director, HRDC, Delhi

SPEAKER : BK Dr. E V Swaminathan

Movitational Speaker, Brahma Kumaris, Mumbai

FACILITATOR & MEDITATION : BK Girija behn

Sr Rajyoga Teacher, Lodhi Road, Delhi

GRATITUDE IS NOT ONLY THE GREATEST OF VIRTUES BUT THE PARENTS OF ALL OTHERS.



Time: 10.30 am

NAUGURAL SESSION



Theme: New Vision for New Era

BLESSINGS : Rajyogini Dadi Ratan Mohini ji

Chief of Brahma Kumaris

DIVINE MESSAGE : Rajyogi BK Nirwair ji

Secretary General, Brahma Kumaris, Shantivan

INAUGURATION BY : Mr Sanjeev Kumar

CMD, TCIL, Govt. of Bharat, New Delhi

SPECIAL GUEST : Mr R K Aggarwal

CMD, WAPCOS, Govt. of Bharat, New Delhi

KEYNOTE ADDRESS : Rajyogi BK Brijmohan ji

Addl. Secretary General, Brahma Kumaris, Shantivan

WELCOME ADDRESS &

ABOUT THE CONFERENCE : Rajyogi BK Mohan Singhal

Chairperson, SEA Wing, Shantivan

WORD OF WISDOM : Rajyogini BK Asha didi

Vice Chairperson, SEA Wing, Bhilai

MEDITATION : Rajyogini (Dr) BK Savita behn

Sr Rajyoga Teacher, Shantivan

GUEST OF HONOUR : Prof. (Dr.) Arjunsinh Rana

VC, Swarnim Gujarat Sports University, Desar, Vadodara

GREETINGS BY : Rajyogi BK Bharat Bhushan

National Co-ordinator, SEA Wing, Panipat

MESSAGES BY : Rajyogi BK Piyush

Zonal Co-ordinator, SEA Wing, N Delhi

VOTE OF THANKS : BK Narendra Patel

Executive member, SEA Wing, Vadodara

FACILITATOR : BK Madhuri Behn

Sr Rajyoga Teacher, Mahendragarh (CG)





PANEL DISCUSSION



Theme: My Mission in Building a Better Vision

CHAIRPERSON : Mr Kuldeep Singh

CMD, HIL (India) Ltd.

PANELISTS: Mr Rahul Prashant

Executive Director & Refinery Head, IOCL, Vadodara

: Dr Vikas Singh

VC, Geeta University, Panipat

: Mr Kalyan Kumar Ghosh

Chief GM, Tehri Dam project, Noida

: Mr Vipin Chandra Sati

Sr Vice President, Reliance Industries, New Mumbai

: Mr M R Sharma

Chief GM, Gurgaon Metro

: Dr Pratap Midha

Director, GHRC, Mount Abu

: BK Nidhi Agarwal

Former DGM (F&A), ONGC, Dehradun

FACILITATOR : BK Arun Sahoo

AGM, NSPCL, Rourkela

VISION WITHOUT MISSION IS LAME; MISSION WITHOUT VISION IS BLIND.



Time: 8.30 pm



LECTURE SESSION



Theme: Live and Let Live

SPEAKER : BK Shivani behn

International Motivational Speaker, Brahma Kumaris, Gurugram

FACILITATOR : BK Jyoti behn

Rajyoga Teacher, Brahma Kumaris, RK Puram, New Delhi

VIRTUE WALK IN SILENCE

Time: 07.30 pm to 08.00 pm

Friday, 17th May 2024

CULTURAL EVENING

Sambalpur Udan Group (Orissa)

Facilitator: BK Deepa, Rajyoga Teacher, Sambalpur





Place : Harmony Hall

COLLECTIVE MEDITATION at 4.00 AM

Saturday, 18th May 2024

MEDITATION SESSION - II

Time : 6.30 am

Time: 9.30 am

Topic: Supreme Consciousness and His Attributes

Rajyogini BK Shivani behn, Sr Rajyoga Teacher, Gurugram; Facilitator: BK Grishma behn, Rajyoga Teacher, Shantivan

Saturday, 18th May 2024

LECTURE SESSION

Theme: Password for Happiness

CHAIRPERSON : Mr Bijoy Kumar Soren

Former CGM, Steel Plant, Rourkela

SPEECH : BK Pius

Zonal Co-ordinator, SEA Wing, New Delhi

GREETINGS : Mr K Gopinath

GM, IOC, Mathura

MEDITATION & EXPERIENCE: Rajyogini BK Jyoti behn

Sr Rajyoga Teacher, Panipat

FACILITATOR : BK Tarika behn

Rajyoga Teacher, Bhilai

Saturday, 18th May 2024

Time: 10.30 am



EXERCISE SESSION

Theme: Art of Focus

FACILITATORS : BK Madhuri Behn

Sr Rajyoga Teacher, Mahendragarh, CG

: BK Asmita Behn

Sr Rajyoga Teacher, Balotra, Raj.



Time: 11.45 am



EXPERIENCE SESSION



Theme: Journey to Stillness

SPEAKER: Rajyogini BK Shivani Behn

International Motivational Speaker, Brahma Kumaris, Gurugram

FACILITATOR

Optimism is the most important human trait, because it allows us to evolve our ideas, to improve our situation, and to hope for a better tomorrow.



How do you make better tomorrow? By improving yourself, the world is made better. Be not afraid of growing too slowly. Be afraid of standing still. Forget your mistakes, but remember what they taught you. So, how do you make better tomorrow?

By making better today.







CONCURRENT INTERACTIVE SESSIONS



Theme: Call of Time: Building Sustainable System

Venue: Training Centre Hall no. 3





Topic: Call of Time: Building Sustainable System (Engineers' Perspective)

CHAIRPERSON Rajyogi BK Atam Prakash ji

Editor-in-Chief, Gyanamrit & World Renewal,

Shantivan

CO-CHAIRPERSON Dr. M S Khanna

Professor Kurukshetra University, Kurukshetra

BK Ganeshan SPEAKER

Project supplier Quality Supervisor, Bechtel India,

Gurugram

EXPERIENCE Mr Ramesh Neelwani

CGM, ICT, Kota

VIEWS BY PARTICIPANTS

FACILITATOR & MEDITATION: **BK Jyoti Saini**

Rajyoga Teacher, RK Puram, New Delhi

The past is where you learnt the lesson. The future is where you apply the lesson. Don't give up in the middle.





CONCURRENT INTERACTIVE SESSIONS



Theme: Call of Time: Building Sustainable System

Venue: Training Centre Hall no. 7





Topic: Call of Time: Building Sustainable System (Architects' Perspective)

CHAIRPERSON Mr O P Govindlal Darak

Director, Om Group of Companies, Solapur

SPEAKER BK Deoyani Shinde

Director, Urban Arts Architectural Firm, Hyderabad

EXPERIENCE BK Rohit

Propritor, Studio Simplicity & Team Leader,

DAAT India Ltd., Delhi

VIEWS BY PARTICIPANTS

FACILITATOR & MEDITATION: BK Tarika behn

Rajyoga Teacher, Bhilai

Everyone can have a new beginning. That is why we have tomorrows.





CONCURRENT INTERACTIVE SESSIONS



Theme: Call of Time: Building Sustainable System

Venue: Training Centre Hall no. 8





Topic : Call of Time: Building Sustainable System (Scientists' Perspective)

CHAIRPERSON Mr V V Gaikwad

Former Secretary, Govt. of Maharashtra, Mumbai

SPEAKER BK Shaily

Rajyoga Teacher, Ambala

Dr N P Singh

Former CGM, ONGC, Vadodara

Mr S S Khichi **EXPERIENCE**

Principal Scientist, STQC Lab, Jaipur

VIEWS BY PARTICIPANTS

FACILITATOR & MEDITATION:

The struggle you are in today, is developing the strength, you will need for tomorrow.





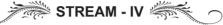
CONCURRENT INTERACTIVE SESSIONS



Theme: Call of Time: Building Sustainable System

Venue: Training Centre Hall no. 9





Topic: Call of Time: Building Sustainable System (General Perspective)

CHAIRPERSON BK Aruna behn

Sr Rajyoga Teacher, Atladara, Vadodara

SPEAKER Rajyogini BK Urmila behn

Editor, Gyanamrit, Brahma Kumaris, Shantivan

SPEECH Mr R J Napa

Renowned Industrialist, Valsad

EXPERIENCE Mr Devesh Mishra

Former CGM, ONGC, Vadodara

VIEWS BY PARTICIPANTS

FACILITATOR & MEDITATION: Rajyogini BK Nirmala behn

Sr Rajyoga Teacher, Brahma Kumaris, Karnal

Starting today, I need to forget, what's gone. Appreciate what still remains, and look forward to what's coming next.



Time: 5.15 pm

Time: 6.45 pm



LECTURE SESSION



Theme: Unleashing Inner Creativity

CHAIRPERSON : Mr Deepak Gupta

MD, GAIL (India) Ltd., New Delhi

SPEECH : Rajyogini BK Anjali behn

Sr Rajyoga Teacher, Hyderabad

EXPERIENCE: Mr Ashutosh Gupta

National Textile Corp. Ltd., Govt. of India, New Delhi

FACILITATOR & MEDITATION

BK Sangita behn

Sr Rajyoga Teacher, Brahma Kumaris, Ahmedabad

Saturday, 18th May 2024



INSIGHT SESSION



Theme: Role of Pitashree Brahma in heralding New Era

SPEAKER : Rajyogini BK Sheilu behn

Vice Chairperson, Education Wing, Pandav Bhawan

EXPERIENCE : Rajyogini BK Prabha behn

Director, Gyan Sarovar, Mount Abu

FFACILITATOR & MEDITATION

: BK Suman behn

National Co-ordinator, Education Wing, Gyan Sarovar, Mount Abu

No matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow.



Time: 8.45 pm



TALK SHOW



Theme: Overcoming with Life's Uncertainty

CHAIRPERSON : Rajyogini BK Asha behn

Vice Chairperson, SEA Wing, Bhilai

PANALISTS : Rajyogi BK Bharat Bhushan

National Co-ordinator, SEA Wing, Panipat

: Dr Vasudha behn

Former HOD, Patan University, Gujarat Composer, Divine Experience Book, Brahma Kumaris, Shivmani Home, Abu Road

: Mr Diwakar Agarwal Director, CPWD, New Delhi

FACILITATOR : BK Suresh Gupta

Sr Executive Member, SEA Wing, N Delhi

You can't have a better tomorrow if you are thinking about yesterday all the time.



Place : Harmony Hall

Time: 6.30 am

Time: 10.30 am

COLLECTIVE MEDITATION at 4.00 AM

Sunday, 19th May 2024 MEDITATION SESSION - III

Topic: Techniques of Rajyoga Meditation

Rajyogini BK Gita Behn, Sr Rajyoga Teacher, Shantivan; Facilitator:

Sunday, 19th May 2024 VALUE GAMES Time : 9.30 am

SPEAKER: BK Dr. E V Swaminathan

Movitational Speaker, Brahma Kumaris, Kerala

FACILITATOR : BK Tarika behn

Executive member, SEA Wing, Bhilai

Sunday, 19th May 2024

VALEDICTORY SESSION

Theme: Action Plan for Building a New Era

CHAIRPERSON : Mr Arun Modi

CGM,GAIL, Vadodara

SPEAKER: BK Deoyani Shinde

Director, Urban Arts Architectural Firm, Hyderabad

GUEST OF HONOUR : Dr L N Singh

UGC Committee member, Navi Mumbai

PRESENTATION OF

RESOLUTION : BK Narendra Patel

Executive member, SEA Wing, Vadodara

SUPPORTING THE

RESOLUTION : BK Vinod Jain

Executive member, SEA Wing, Shantivan

GREETINGS : Mr Bhudev Singh

ED. IGL. New Delhi

EXPERIENCE SHARING: Mr Ajay Kumar Agarwal

GM, NTPC, North Karanpura (Jharkhand)

REFLECTIONS : From the Participants

VOTE OF THANKS : BK Dinesh

Academy Office, Gyan Sarovar

FACILITATOR : Rajyogini BK Jyoti behn

Executive member, SEA Wing, Panipat



Time: 1.00 pm onwards

SIGHT SEEING TO MOUNT ABU

Visit to Peace Park, Pandav Bhawan & Dilwara Temple etc.)

GUIDE: BK Kirti bhai, SEA Wing, Shantivan

Sunday, 19th May 2024

FEEDBACK & Q-A SESSION/

Time : 9.00 pm

Place: Harmony Hall

Monday, 20th May 2024

Place: Harmony Hall

COLLECTIVE MEDITATION at 4 AM

Monday, 20th May 2024

MEDITATION SESSION - IV

Time : 6.30 am

Topic: Mystery of Time Cycle

Rajyogini BK Manju behn, Sr Rajyoga Teacher, Gyan Sarovar; Facilitator:

Departure for a happy beginning,

refreshed and recharged...



For Disaster Management Exhibition details:

Contact BK Bharat bhai, HQ Co-ordinator, SEA Wing, Shantivan, (Ph. 9414164200,7014986467)



Brief Profile of the Institution

- Established in 1936
- Administrative Head: Rajyogini Dadi Ratan Mohini ji
- World Head Quarters: Mount Abu, Rajasthan
- Brahma Kumaris is one of the largest international spiritual networks in the world with over 8.500 centres in about 140 countries.
- Imparts Rajyoga Meditation and spiritual education to individuals worldwide without any discrimination.
- Affiliated to the UN as an NGO and has consultative status with the UNICEF and ECOSOC (Economic and Social Council.)
- It participates in UN sponsored global projects related to various issues such as environment, women, child, healthcare etc.
- Recipient of many peace awards including a Peace Messenger Award from the UN.
- The Rajyoga Education and Research Foundation of the Brahma Kumaris has formed 20
 Wings to provide services to different segments and professions such as Administration,
 Business & Industry, Art and Culture, Education, Jurists, Medical, Media, Political, Religion,
 Rural Development, Security, Sports, Social Service, Scientists, Engineers & Architects,
 Transport, Women, Youth, SpARC (Spiritual Application and Research Centre), IT & SAT.

World Headquarters - Mount Abu, India

Pandav Bhawan - Madhuban

This is the first campus of the institution in India, which was set up in 1951 at Mount Abu. It is from here, that the original co-founding group of young women, now known as the Dadis (senior sisters), oversee the Institution's activities worldwide. From a few small buildings, 'Pandav Bhawan', has gradually evolved into a big, yet homely campus of meeting halls and residential buildings. The Universal Peace Hall - the complex's 3000 seats auditorium - has regularly played host to international conferences since 1983. An integrated team of around 400 full-time residents ensures that everything runs smoothly and efficiently as they warmly welcome the regular stream of visitors. It is their dedication and selfless service, guided by the wisdom of the Dadis, which is the foundation of the spiritual atmosphere for which Pandav Bhawan has become famous worldwide. Baba's Room, Baba's Hut, History Hall & Shanti Stambh - the Char Dham are worth spiritual places for visiting.

The Academy for a Better World (Gyan Sarovar)

Gyan Sarovar Academy is a unique 'multi-purpose' complex on a beautiful 35 acres valley site, 4 kms from Pandav Bhawan (Madhuban), the Brahma Kumaris International Headquarters at Mount Abu. This 'Academy for a Better World' combines the graceful charm of a well laid out functional setup with abundant freshness of nature and lovely backdrop of hills. It is a modern complex in a quiet rural setting, offering residential programmes and courses on the development of human, moral, spiritual values and principles. Facilities include an auditorium with a capacity of 1600 persons, 14 seminar and training rooms and accomodation for up to 750 people. There is also a spiritual art gallery.

The Academy has also initiated several wind and solar energy research projects, which have attracted interest from several government agencies and international organisations. It has provided the complex with sources of clean and cost effective energy.



The Global Hospital and Research Centre

It was established in 1991 at the initiation of the Brahma Kumaris, designed to provide high quality, modern, holistic healthcare services is managed and run by a charitable trust, established and supported by members of the Brahma Kumaris.

The out patient section of the hospital consists of 15 clinics, including general medicine, surgery, pediatrics, gynecology, ophthalmology, orthopaedics, ENT, dental. oncology and cardiology. Diagnostic units are dedicated to pathology, radiology and imaging while other clinics offer physiotherapy, homeopathy, ayurveda and other complementary therapies. The Hospital seeks to treat all those in need, regardless of whether or not they are able to pay for their treatment and those less well off are offered free or subsidised care. All out patient consultations are completely free of charge and free treatment is extended to about 75% of all in-patients. The Hospital also runs a Village Outreach Programme, which brings regular healthcare service right into village huts. An outreach team makes bi-weekly visits to selected villages giving consultations and check-ups, instruction on hygiene and primary healthcare and providing modern treatment, medicine and dietary supplements. When full in-patient treatment is necessary, villagers are transported to the Hospital where 30 beds are reserved exclusively for those unable to pay for the treatment they require. As a base for further outreach work, a rural healthcare centre has also been established, with an Eye Wing. The World Bank has helped sponsor a cataract surgery project there.

Shantivan

Situated at the foothills of Mount Abu, on a 50 acre of land and at about 7 kms from Abu Road Railway Station, the Shantivan (Forest of Peace) Complex was established in 1996. It has a magnificient 20,000 seat pillarless auditorium, known as 'Diamond Jubilee Hall', large dinning facilities, a big Dadi Prakashmani Training Centre with 5 halls of varying capacity and a total accomodation for about 16,000 people. A Lotus shaped meditation room and 'Prakash Stambh' (built in memory of Late Dadi Prakashmani ji, Chief of Brahma Kumaris from January 1969 to August 2007) adds to the beauty of this complex. Two more memorials are situated in this complex, one of Late Dadi Janki ji's 'Shakti Stambh' & other one 'Avyakt Lok' in the memory of Late Dadi Hridya Mohini ji. Here you will also see world's largest solar steam cooking system in action and a spiritual museum. Nearby Shantivan complex, there is a 'Manmohinivan Complex' having a capacity of about 5000 beds. There are also two 'Global Auditoriums' have 500 sitting capacity for programmes. There is also one Godlywood Studio which is having 3 Hi-tech studios with international standard equipments. These studios are well equipped for live shows, documentry films, talk shows etc. Post production facilities like editing, mixing, animation & dubbing etc. are also available. There is also one 'Anand Sarovar Complex' having a capacity of about 3000 beds. there is also a hall 'Divya Anubhuti Hall' of 1000 sitting capacity for conducting programmes like Conferences, Shivir etc.

About 2 km. from Shantivan Complex, there is situated 'Power Generating Solar Plant' which is named as 'India One Solar Thermal Power Plant' in 50 acre of Land. 770 Solar Parabolic Dishes & Recievers are there for concentrating sun rays, which supply 10,000 KW electricity. Besides, a Solar Photo Voltaic System of 1.25 MW is also operative in the Campus which is connected to the main grid. Institution is also working in the direction of 'Zero Waste Management'.

Other places of interest which are worth visiting are 'Peace Park' and a 'Spiritual Museum' at Mount Abu.



About Scientists, Engineers & Architects Wing:

The Scientists, Engineers & Architects Wing (SEA) of Rajyoga Education & Research Foundation is actively engaged in educating the scientific and technical personnel to make their work more self-fulfilling and reflective of the needs of the society. It motivates them to work on preservation of the environment and betterment of qualities of life and also undertake scientific research on Rajyoga, consciousness and other aspects of metaphysics. More than 1500 members of the wing are actively involved in these activities, through seminars, conferences, exhibitions, environmental awareness and disaster management campaigns, etc. So the gulf between science and spirituality can be bridged and the social evils prevailing in the society can be eradicated.

The Scientists, Engineers & Architects Wing (SEA) was established in June 1988 under Rajyoga Education & Research Foundation is a body registered at New Delhi under Societies Registration Act. The members of Scientists, Engineers & Architects Wing (SEA) meet regularly to dialogue and plan activities to contribute positively with their knowledge and wisdom to the betterment of the Planet. The topics of discussion address practical and essential issues with genuine interest to bring practical value to society.

(1) Aims and Objectives:

- 1. To bridge the gap between Science & Spirituality.
- 2. To work for the removal of superstition, blind faith and ignorance from the society and to educate people to human values like truth, love and non-violence and to undertake programmes of scientific research in Raj yoga.
- 3. To integrate spiritual and ethical values into the areas of Science & Technology.
- 4. To assist Scientists and Technologists in making their work more self-fulfilling and reflective of the needs of humanity.
- 5. To help Scientists and Technologists to cope with stresses and strains of work and adaptation to change in this fast moving technological age.
- 6. To stimulate a new kind of thinking among Scientists and Technologists to pursue the common goal of human survival, happiness and prosperity.
- To enable Scientists and Technologists to lead a happy life by gaining harmony with SELF, fellow beings and with their environment.
- 8. To motivate Scientists and Technologists to use their talent and energy for the preservation of environment and for the betterment of the quality of life on earth by coupling of Scientific Capabilities with Moral Values.
- To inspire the Scientific Community to use technology and Scientific achievements to create sustainable future.
- (2) Vision: To be a beacon for the Scientist and Engineering community by achieving the highest standards of holistic excellence in personal professional, social and spiritual domains.
- (3) Mission: To recognize, realize and actualize the power of elevated thought, pure attitude, loving and cooperative vision in using the facilities offered by science and technology for the task of creating a better world.
- (4) Major Activities of SEA: For more than 30 years the wing is involved in various activities like organising awareness campaigns, conducting conferences, seminars, training programs, etc.

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If you hear any good ideas or ways of performing a task in a better way, this is the spot for you to write them down. It has been found that if new ideas are not used within 24 hours, they are generally forgotten. When you get back to work, put this sheet in a prominent place and make sure that you try all of that you have made note of.









A word for the Delegates



- The divine family of Brahma Kumaris wishes a comfortable stay in the campus that will enrich your life with inner powers and spiritual wisdom.
- The guests are requested to take full benefit of the meditation sessions, in Harmony Hall. This is a scientific method of self-realisation, personal development, inner transformation and empowerment.
- Medical assistance and guidance can be taken from the dispensary located within the Gyan Sarovar Complex, near Vishnu puri.
- Literature is available at the Literature stall outside Harmony Hall.
 Audio and Video are available at the Godly Gift counter below the
 Universal Harmony Hall.
- If guests require any assistance, they may kindly contact Academy Office, situated in Training Centre or Conference Office, below Harmony Hall.
- Please take care of your valuables and other items.
- In case of anything lost, please inform at reception centre or to the care taker of your building.
- Smoking and alcohol drinking is strictly prohibited. Participants are requested to co-operate in maintaining the sanctity of the campus.
- Please do fill up the experience form and return it at the Academy Office/ Conference Office/ Reception Office before departure.

Rajyogini BK Asha Behn Vice-Chairperson, SEA Wing, Bhilai

Rajyogi BK Mohan Singhal Chairperson, SEA Wing, Abu

PROGRAMME AT A GLANGE

Thursday, 16th May, 2024 (Day of Welcome)

09.00 AM - 05.00 PM: Registration and Visit to the Art Gallery

05.30 PM - 06.00 PM : Video Film

06.00 PM - 08.00 PM: Reception & Introductory Session

Theme: Values and Vision

Friday, 17th May, 2024

(Day of Awakening)

06.30 AM - 08.00 AM : Meditation Session - I

Theme: Me and Mine

09.30 AM - 10.30 AM : Insight Session

Theme: Attitude for Gratitude

10.30 AM - 01.00 PM: Inaugural Session

Theme: New Vision for New Era

04.00 PM - 05.30 PM : Interdisciplinary Panel discussion

Theme: My Mission in Building a Better Vision

06.00 PM - 07.15 PM : Lecture Session

Theme: Live and Let Live

07.30 PM - 08.00 PM : Virtue Walk in Silence 08.45 PM onwards : Cultural Programme

Saturday, 18th May, 2024

(Day of Enlightenment)

06.30 AM - 08.00 AM : Meditation Session - II

Theme: Supreme Consciousness and His Attributes

09.30 AM - 10.30 AM : Lecture Session

Theme: Password for Happiness

10.30 AM - 11.45 AM : Exercise Session Theme: Art of Focus

11.45 AM - 01.00 PM : Experience Session

Theme: Journey to Stillness

04.00 PM - 05.15 PM : Concurrent Sessions

Stream - I: Call of Time: Building Sustainable System (Engineers' Perspective)

Stream - II: Call of Time: Building Sustainable System (Architects' Perspective)

Stream - III: Call of Time: Building Sustainable System (Scientists' Perspective)

Stream - IV: Call of Time: Building Sustainable System (General Perspective)

05.15 PM - 06.30 PM : Lecture Session

Theme: Unleashing Inner Creativity

06.45 PM - 07.45 PM : Insight Session

Theme: Role of Pitashree Brahma in Heralding New Era

08.45 PM - 09.45 PM : Talk Show

Theme: Overcoming with Life's Uncertainty

Sunday, 19th May, 2024

(Day of Illumination)

06.30 AM - 08.00 AM : Meditation Session - III

Theme: Techniques of Rajyoga Meditation

09.30 AM - 10.45 PM : Value Games 11.00 AM - 12.30 PM : Valedictory Session

Theme: Action Plan for Building a New Era

01.00 PM onwards : Sight-seeing for Mount Abu 09.00 PM - 10.00 PM : Feedback & Q - A Session

Monday, 20th May, 2024

(Day of New beginning)

06.30 AM - 08.00 AM : Meditation Session - IV

Theme: Mystery of Time-Cycle

09.30 AM onwards : Departure for a new beginning

