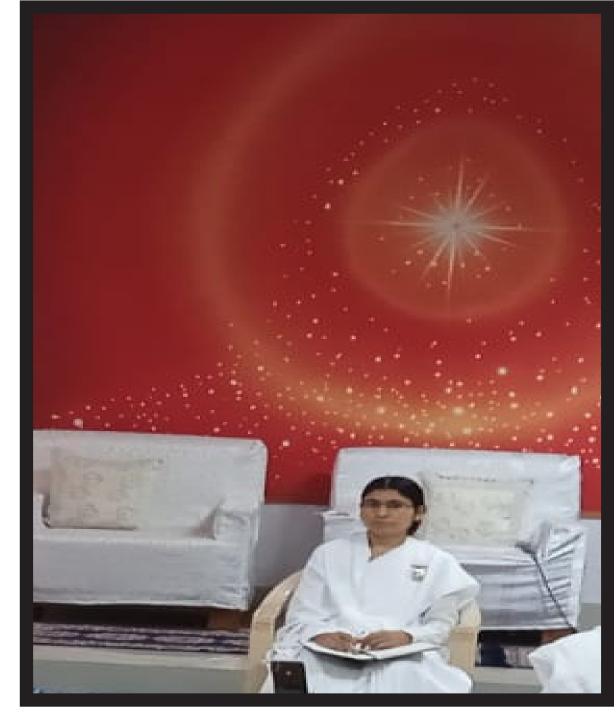


Minutes of the meeting of SpARC Wing-local chapter, Brahmakumari Service **Centre**, **Munshipulia**, **Lucknow**

The meeting of the SpARC chapter was held on 28 July 2024 at Videhi Bhawan centre, under the guidance of the Chairperson, B.K. Ambika Didi and centre-in-charge, B.K. Jayshree Didi. The following were present in the meeting : **BK Manju Didi**, Coordinator BK R.K. Maurya bhai , Member BK Vishvanath bhai, Member **BK Bhupendra bhai**, Member **BK Rahesh bhai**, Member **BK Vijay bhai**, Member BK Suresh bhai, Member BK Alok bhai, Member **BK Asha behen**, Member **BK Anupama behen**, Member BK Archana behen, Member **BK Anju behen**, Member BK Asha Gupta behen, Member **BK Beena behen**, Member **BK Durgesh behen**, Member **BK Kanchan behen**, Member **BK Kussum behen**, Member **BK Shashi behen**, Member **BK Shobna behen**, Member **BK Shweta behen**, Member **BK Vidya behen**, Member **BK Chandni behen**, Member BK Mamta behen, Member **BK Pallavi behen**, Member **BK Manju behen**, Member **BK Snehlata behen**, Member **BK Mithila behen**, Member



Meeting commenced with the remembrance of supreme soul shiv baba for two minutes and many experiences of the soul family were discussed during the meeting and everyone participated with great interest and had deep spiritual experience.

- Write 10 points on the value of Criteria for enhancing decision making power from Avyakt Murli.
- How does God solve all our problems.
- What is the scientific method to get rid of insomania and stress.
- Our resolutions Create our future.Write 10 points.
- What is Carelessness?
- How Can One become an Siddhi of Smriti.
- What is your stage of Yog? What is Yoga free Yukti free and Raj Free. To Expel the evil spirits from my quality, I have to do Rajyog for half an hour every day. I have to transform the person and nature with the power
- of purity.
- Write What percentage of successful thoughts , speech , actions , body , mind and wealth have become success.
- How to read success auspicious time and write.
- Have to make 70,000 seconds successful by making a chart of memory.



The meeting ended with 2 minute silence remembrance of supreme soul shiv baba Next Meeting 25/08/2024