



OM SHANTI



BK SpARC wing

Spiritual Applications and
Research Centre

Minutes of the meeting of SpARC Wing-local chapter, Brahmakumari Service Centre , Munshipulia , Lucknow

The meeting of the SpARC chapter was held on 28 July 2024 at Videhi Bhawan centre , under the guidance of the Chairperson , B.K. Ambika Didi and centre-in-charge , B.K. Jayshree Didi. The following were present in the meeting :

BK Manju Didi , Coordinator
BK R.K. Maurya bhai , Member
BK Vishvanath bhai , Member
BK Bhupendra bhai , Member
BK Rahesh bhai , Member
BK Vijay bhai , Member
BK Suresh bhai , Member
BK Alok bhai , Member
BK Asha behen , Member
BK Anupama behen , Member
BK Archana behen , Member
BK Anju behen , Member
BK Asha Gupta behen , Member
BK Beena behen , Member
BK Durgesh behen , Member
BK Kanchan behen , Member
BK Kussum behen , Member
BK Shashi behen , Member
BK Shobna behen , Member
BK Shweta behen , Member
BK Vidya behen , Member
BK Chandni behen , Member
BK Mamta behen , Member
BK Pallavi behen , Member
BK Manju behen , Member
BK Snehlata behen , Member
BK Mithila behen , Member



Meeting commenced with the remembrance of supreme soul shiv baba for two minutes and many experiences of the soul family were discussed during the meeting and everyone participated with great interest and had deep spiritual experience.

Write 10 points on the value of Criteria for enhancing decision making power from Avyakt Murli.

How does God solve all our problems.

What is the scientific method to get rid of insomania and stress.

Our resolutions Create our future. Write 10 points.

What is Carelessness?

How Can One become an Siddhi of Smriti.

What is your stage of Yog? What is Yoga free Yukti free and Raj Free.

To Expel the evil spirits from my quality, I have to do Rajyog for half an hour every day. I have to transform the person and nature with the power of purity.

Write What percentage of successful thoughts , speech , actions , body , mind and wealth have become success.

How to read success auspicious time and write.

Have to make 70,000 seconds successful by making a chart of memory.

**मैं आत्मा निर्भय और खुशी से
भरपूर सत्य स्वरूप हूँ ।**

**The meeting ended with 2 minute silence remembrance of supreme soul
shiv baba Next Meeting 25/08/2024**