



## OM SHANTI

**Minutes of the meeting of SpARC Wing-local chapter, Brahmakumari Service Centre , Munshipulia , Lucknow**

**The meeting of the SpARC chapter was held on 30 April 2023 at Videhi Bhawan centre , under the guidance of the chairperson , B.K. Ambika Didi and centre-in-charge , B.k. Jayshree Didi. The following were present in the meeting :**

BK Manju Didi , Coordinator  
BK RK Maurya bhai , Member  
BK Ekadev bhai , Member  
BK Alok bhai , Member  
BK Vijay bhai , Member  
BK Archana behen , Member  
BK Beena behen , Member  
BK Kusum Maurya behen , Member  
BK Kusum Singh behen , Member  
BK Asha behen , Member  
BK Soni behen , Member  
BK Anju behen , Member  
BK Anupama behen , Member  
BK Nandini behen , Member  
BK Manju behen , Member  
BK Surabhi behen , Member  
BK Manju Hemnani behen , Member  
BK Savita behen , Member  
BK Shubna behen , Member  
BK Kanchan behen , Member  
BK Puja behen , Member  
BK Surbhi behen , Member  
BK Savita behen , Member  
BK Mohini behen , Member  
BK Suniti behen , Member  
BK Shweta behen , Member  
BK Shalja behen , Member



Meeting commenced with the remembrance of supreme soul shiv baba for two minutes and many experiences of the soul family were discussed during the meeting and everyone participated with great interest and had deep spiritual experience.

- ❖ Write 11 points from the Murli of Avyakt Vani , 1969 (23/07/1969).
- ❖ What effort do you have to make in order to go to the last so first?
- ❖ What is the basis of passing in the final paper?
- ❖ In a Week We have to do 2 to 5 Night meditation Yog bhatti once to get full pass in the sudden paper.
- ❖ Become a master creator and devote 18 hours to the task of establishing the new era with Father brahma and baba shiv.
- ❖ Giving sakaas to a sorrowful , peaceless soul and to check How many hours of Yoga have I accumulated in the Yog bank?
- ❖ Monn bhatti Will be at the Center and have to remain silent for 10 hours daily.
- ❖ Neuron of brain How to revive in meditation and search on this and share Experienced.
- ❖ To Create a stress free life , the school College doctor Engineer has to be made a Member by paying attention . Have to pass in Vacha service.
- ❖ What innovations is there in Yog in purusharth Write down 10 points and share Your Experience.
- ❖ In Order to make body , mind and Wealth free from obstacles , you have to do Yog bhatti for one hour.

## SWAMAANS

मै आत्मा सदा सुखी सतोप्रधान पुरुषार्थी हूँ ।  
मै आत्मा बाप समान सतचित आनन्द स्वरूप हूँ ।

The meeting ended with 2 minute silence remembrance of supreme soul shiv baba (online and offline) meeting .  
Meeting ended with toli . Next meeting 25/05/2023.